



How this plan was developed

The Age Friendly Melville Plan 2022 – 2026 has been developed in direct consultation with community and relevant stakeholders through surveys and workshops. The City engaged with people aged over 55, family members, carers, service providers and the wider community to determine the top four priority goals that guide the current plan.

YOUR FEEDBACK

“Improve community transport services”

“Greater directed information to encourage take up of activities”

“Increase housing diversity”

“Information and awareness of community/health services in all mediums”

Did you know?

- The City of Melville has free exercise classes for people aged over 55.
- The Age Friendly Melville Assistance Fund offers funding to support a choice of short-term or one-off support services to older people living independently within the City of Melville.
- The last Community Wellbeing Scorecard highlighted that in the last two years, people aged over 55 agreeing to the statement “The City of Melville is a good place to grow old” has increased by 17% (from 72% in 2017 to 89% in 2019).

TO FIND OUT MORE

Find out more about services, activities and events available to older residents by visiting www.melvillecity.com.au/seniors or contacting our Customer Relations Team on **1300 635 845** or **9364 0666**.

Street address
10 Almondbury Road,
Booragoon WA 6154

Tel: **1300 635 845** or **9364 0666**

Postal address
PO Box Locked Bag 1,
Booragoon WA 6954

Translating and Interpreting Services (TIS)
Call **131 450** and they will contact the City on your behalf.

National Relay Service
Tel: **133 677** (TTY), **1300 555 727** (speech relay)

*This document is available in alternate formats on request.
Please call **1300 635 845** and quote the publication name.*

www.melvillecity.com.au



Age Friendly Melville Plan 2022-2026

An age-friendly environment benefits everyone;
both current and future generations



Message from the Mayor

The City of Melville continues to strive to build a healthy, safe and inclusive community where people from every walk of life feel a sense of belonging and wellbeing.

We’ve demonstrated over many years our commitment to being an age-friendly City, advancing the wellbeing of older people amid those of the broader community.

We’ve also proudly been active members of the World Health Organization (WHO) Global Network for Age-friendly Cities and Communities since 2010 and our implementation of the Age Friendly Melville Plan 2022 – 2026 gave us a map to help realise the community’s aspirations for the future.

Our focus has been and continues to be, on what the community told us were its top four priorities: community support and health services, transportation, communication and information; and housing.

Our age friendly events are extremely popular and some of our programs include; dementia friendly events and programmes, regular forums addressing topics of interest to seniors, over 50s fitness and Information Technology support.

We look forward to you joining us on the journey of social connection, participation and wellbeing.



Key Achievements 2017-2021

- **Fit for Life campaign:** we encouraged and supported people aged over 55 to exercise regularly to maintain health and independence. We introduced a subsidised Fit for Life LeisureFit Booragoon membership whereby subsidies increase with age.
- **Active in the Park:** free outdoor fitness classes were created.
- **Melville Age Friendly Accessible Business network:** support and training opportunities were given to local businesses to become more age-friendly and accessible. A key highlight included the weekly Quiet Hour at Hawaiian's Melville.
- **Age Friendly Melville Assistance Fund:** we provided funding to support older people to maintain their independence in their own home.
- **Housing Decisions Toolkit for Older People:** resources were developed to raise awareness of different housing options for older people.

- **Dementia-specific initiatives:** monthly Memory Café provided social opportunities for people living with dementia and their carers; resources and support information about dementia was made available on the City's Living Well with Dementia webpage; and community information sessions were held with Michael Verde, an international dementia-expert.
- **Hand to Heart Social Connection Program:** ongoing partnership with ConnectGroups was established to connect older people with relevant services and activities to help create social connections.
- **Healthy Lifestyle Expo:** the expo was held to promote health and wellbeing to older people, in partnership with surrounding Local Governments and Seniors Recreation Council of WA Inc.
- **Elder abuse awareness:** we represented and advocacated for the National Alliance for the Prevention of Elder Abuse.
- **MelvilleTalks:** various community engagement opportunities were made available.

Our goals for 2022-2026



Community Support and Health Services:

Advocate for the provision of good quality, appropriate and accessible community support and health services.

- Continue to strengthen and expand the Melville Age Friendly Accessible Business (MAFAB) network to ensure greater accessibility of City of Melville businesses, and facilitate social participation, respect and inclusion.
- Develop partnerships to facilitate opportunities and access to information regarding bereavement, death and dying.
- Continue to work with and alongside ConnectGroups to support the Hand to Heart Social Connection Program.
- Continue to support older residents, carers and families to live well with dementia in the community through initiatives such as the Memory Café.
- Establish and continue to support existing key partnerships with local providers that promote community health services.



Transportation:

Advocate for accessible, innovative and integrated transportation options to meet a wide range of community needs.

- Advocate for the maintenance of pedestrian infrastructure, and to improve the safety, walkability and accessibility of the City.
- Advocate for the improvement of accessible and ACROD parking throughout the City.
- Advocate for innovative community based transport solutions to improve access to facilities, resources and services within the City of Melville.
- Continue to work with and alongside Transperth to provide Mystery Bus Tours.



Communication and Information:

Advocate for City of Melville communication and information to be accessible and inclusive for older people.

- Ensure that communication and information is accessible, relevant and distributed in various formats and across various platforms.
- Work with relevant service providers and partners to continue to provide a diverse range of community education sessions and workshops.
- Promote intergenerational opportunities and initiatives.



Housing:

Advocate for increased choice and diversity in appropriate housing for older people.

- Support and promote age-friendly housing initiatives and innovative housing models.
- Continue to provide and review the Age Friendly Melville Assistance Fund to support ageing in place.
- Host community workshops presenting housing options for older people.
- Advocate for age-friendly housing modifications and options.