



Presented to	13 December 2022 Ordinary Meeting of Council
Related to Item	Motion with Notice – Covers for Bowling Greens at Leeming Bowling Club
Submitted by	Cr Spanbroek
Attachments	Nil

Amendment

That the Council directs the CEO to consider the inclusion in the John Connell Reserve Master Plan a cover for two bowling greens at Leeming Bowling Club and provide a report to a future Ordinary Meeting of Council.

Objective, Benefit and Potential Risks to be considered

Objective

To keep in line with the Healthy Melville Plan.

Players do not bowl when the weather is wet or too hot, but a cover that provides protection will keep players engaged and bowling.

Benefits

Increase playing time in all seasons no matter the weather (wind, rain, hail, or shine) day or night games can still go on.

Potential increase in members as could attract those that are sun, wind or cold-sensitive which increases turnover.

Lawn bowls improve fitness, coordination and skill development.

Lawn bowls enhances mental well-being, increases confidence, and community connection and support.

Low impact sport for all ages.

Reduces maintenance costs.

Appreciates property value.

Risks

Sun exposure, skin damage and heat stroke.

Bowling green damage deteriorates at a faster rate with full sun exposure.

Less fitness, social activity, and connectivity.

Increase in falls due to poor muscle mass and bone strength, balance and coordination.

Reasons for the Motion

From age 30 we lose approximately 3-5% muscle mass each decade and there are a number of factors that attribute to this.

- A common one is a decline in physical fitness.



Failure to engage in mild exercise on a regular basis results in reduced muscle mass and strength, decreased bone mass, poor balance and coordination, and reduced flexibility.

Injury Matters 2022 WA Falls Report

Every 17 minutes someone was admitted to hospital due to a falls-related injury in 2020. Every 13 minutes someone presented to the emergency department due to a falls-related injury in 2020.

Individuals aged 85+ were most impacted.

Summer of 2021/2022 in Perth

31 days recorded over 35⁰ C

Hot days under full sun decreases the number of members bowling.

Increase in Total Rainfall 2021

892.0 mm, which is 121% of the long-term average of 736.8 mm.

Increase in rainfall resulted in increase in wet days which increased the number of days with No bowls.

With lawn bowls being played 6 days a week (including championships and carnivals), Leeming Bowling Club members take full advantage of the facilities. A cover over two greens will enable bowling to continue no matter how wet or how hot it is.

Bowling for 4-5 hours per day for up to 5-6 days per week is more than adequate exercise to maintain bold balance, muscle and bone strengthening, and overall body movement.

I have discussed this matter with Officers.