

Your Morning with **SUPANOVA**



**FREE
POOL ENTRY**



FREE EVENT

**11:00 –
11:15am**

Artistic swimming display

Enjoy a short showcase from our swimmers.



**11:15 –
11:35am**

Morning tea and a chat

Enjoy a cuppa and light refreshments. Meet our friendly community, coaches and other members.



**11:35am –
12:35pm**

Free Come & Try session

A relaxed introduction to artistic swimming. No experience needed – just come and give it a go!



**12:35 –
1:00pm**

Stretching with Enhance Physiotherapy

Practical stretching advice and tips for staying active, strong and mobile as we age.



BOOK YOUR FREE SPOT TODAY ➔



City of
Melville