

WILLAGEE COMMUNITY CENTRE

Mondays



Sip, Sew and Socialise

Have a cuppa, and join our community sewing session.
9.30am to 12noon | \$3.00

Wednesdays

Patchwork Group

Bring along your patchwork project for this fortnightly Patchwork group.
9.00am to 12noon | \$3.00

Walking Group

6 - 7km brisk walk for relatively fit adults in the local area.
9.00am to 10.00am | Free

All Abilities Table Tennis

Social game of table tennis, suitable for all ability levels.
12noon to 2.00pm | \$3.00

Thursdays

Tai Chi

Improve your balance, flexibility, strength with Tai Chi
9.00am to 10.30am | \$3.00

All Abilities Art

Social Art group for adults who enjoy making art. BYO project and supplies.
11.00am to 2.00pm | \$3.00

Writers Group

Develop your writing skills, seek feedback or enjoy the company of fellow writers.
9.30am to 11.30am | \$3.00

Fridays

Consumers of Mental Health WA

Life skills and Wellbeing workshops.
First Friday each month.
10.00am to 11.00am | Free
Contact Elaine 9258 8911

BLUE GUM COMMUNITY CENTRE

Thursdays

Caresong

Dementia friendly singing group.
10.00am to 12noon | \$3.00

WA Disabled Sports Association

All abilities recreation.
10.00am to 12noon | Free

Board Game Group

Play board games with others that love to play board games.
2.00pm to 4.00pm | \$3.00

Fridays



All Abilities Table Tennis

Social game of table tennis, suitable for all ability levels.
9.00am to 11.30am | \$3.00

Weekly on Mondays

Emergency Relief Support

Support for City of Melville residents experiencing financial hardship.
9.00am to 12noon |
Proof of Low income required

Freo Street Doctor

Mobile health service for the community who may not be able to access mainstream general practice.
9.00am to 12noon | Free

Mobile Food Bank

Healthcare card and self-referral required by calling 1800 979 777.
9.30am to 10.15am | Self referral

Fortnightly Mondays

Aboriginal Family Legal Services

Free legal and social support for aboriginal and Torres Strait Islander people experiencing or at risk of family and domestic violence.
10.00am to 12noon | Free

Monthly Mondays

Moorditj Djena 'Strong Feet'

Aboriginal Health Professional and Podiatrist service. Ask Willagee for next date. **10.00am | Free**

WILLAGEE FINANCIAL & WELLBEING SUPPORT