

BodyPump Heavy 'Pop-Up Classes' February 2026

LeisureFit Booragoon

Sunday, 1 February	4:30pm	BodyPump Heavy	30 mins
Monday, 2 February	12:30pm	BodyPump Heavy	45 mins
Wednesday, 4 February	7:00pm	BodyPump Heavy	45 mins
Friday, 6 February	6:30am	BodyPump Heavy	30 mins
Saturday, 7 February	6:30am	BodyPump Heavy	45 mins
Sunday, 8 February	4:30pm	BodyPump Heavy	30 mins
Monday, 9 February	12:30pm	BodyPump Heavy	45 mins
Wednesday, 11 February	7:00pm	BodyPump Heavy	45 mins
Friday, 13 February	6:30am	BodyPump Heavy	30 mins
Saturday, 14 February	6:30am	BodyPump Heavy	45 mins
Sunday, 15 February	4:30pm	BodyPump Heavy	30 mins
Monday, 16 February	12:30pm	BodyPump Heavy	45 mins
Wednesday, 28 February	7:00pm	BodyPump Heavy	45 mins
Friday, 20 February	6:30am	BodyPump Heavy	30 mins
Saturday, 21 February	6:30am	BodyPump Heavy	45 mins
Sunday, 22 February	4:30pm	BodyPump Heavy	30 mins
Monday, 23 February	12:30pm	BodyPump Heavy	45 mins
Wednesday, 25 February	7:00pm	BodyPump Heavy	45 mins
Friday, 27 February	6:30am	BodyPump Heavy	30 mins
Saturday, 28 February	6:30am	BodyPump Heavy	45 mins

LeisureFit Melville

Thursday, 5 February	6:00am	BodyPump Heavy	45 mins
Thursday, 12 February	6:00am	BodyPump Heavy	45 mins
Thursday, 19 February	6:00am	BodyPump Heavy	45 mins
Thursday, 26 February	6:00am	BodyPump Heavy	45 mins

Please note: These are BodyPump Heavy class additions only. Effective from Sunday, 1 February to Saturday, 28 February 2026. All regular scheduled classes, will run as per the Fitness Class Timetable.