March

Willagee Community Centre

WCC Regular Groups

For enquiries about our regular groups phone **9364 0125** or email **wcc.bookings@melville.wa.gov.au**

Sip, Sew and Socialise

Mondays 9.30am to 12 noon. Cost \$3.00

Friendly sewing group, BYO project. Some materials and machines provided.

Patchwork Group

Fortnightly Wednesdays 9.00am to 12 noon. Cost \$3.00 BYO project and supplies.

Art Group

Thursdays 11.00am to 2.00pm. Cost \$3.00

A social group for all adults who enjoy art. All abilities welcome. BYO project and supplies.

Social All-Abilities Table Tennis

Wednesdays 12.00pm to 2.00pm. Cost \$3.00.

Enjoy a social game of table tennis, a cuppa and a laugh. Suitable for all-abilities

Writers Group

\$3.00. Enjoy writing activities that will inspire you and then share your pieces over a cuppa. Suitable for beginners and experienced writers.

Music and Memories

Every 2nd and 4th Thursday 10.00am to 12.00pm Cost \$3.00. Join us for morning tea, music, singalong and gentle chair yoga.

Computer One-On-One Tutoring

Friday morning 50 minute sessions available.

Cost \$3.00. Computer, phone and iPad assistance.

Bookings essential. Call 9364 0125 or email

wcc.bookings@melville.wa.gov.au

Subscribe to our Enewsletter



Scan this QR code with your camera and subscribe to our Enewsletter and receive it direct to your inbox.

Free Weekly All -Abilities Sessions with Reclink

These programs are free, inclusive, accessible and welcoming of people of all abilities and those living with mental health conditions. During school term only.

Pilates: Wednesdays, 9.15am – 10.00am

Zumba Gold: Wednesdays, 10.00am - 10.45am

Yoga: Fridays, 10.00am - 11.00am **Tai Chi:** Fridays, 11.00am - 12.00pm

For more information or bookings, call Jemma

on **0422 664 776** or

email jemma.antao@reclink.org

Welcome Wednesday Speaker Series Good Sleep, Healthy Ageing

PhD student at Murdoch University and research volunteer with the Australian Alzeimers Research Foundation, Louise Pivac will share her findings on the link between improvement in sleep and noticeable improvement in cognition and biomarkers of brain health.

Date: Wednesday, 19 March 2025 **Time:** 9.30 to 11.30 am. **Cost:** \$5.00 **RSVP:** Phone **9364 0125** or email **wcc.bookings@melville.wa.gov.au**



Mental Health Peer Support Group

Come along for a cuppa and a yarn, share stories and find ways to live a happier and more meaningful life.

First Friday of each month.

Time: 10.00am to 12.00pm. **Cost:** FREE

RSVP: Phone 9295 8911 or 9364 0848 OR email

admin@comhwa.org.au

Pastels Art Classes -

Wednesdays 6.30pm-8.45pm

8 soft pastel classes. BYO materials. Beginner to intermediate. For bookings call Jim Buchanan on **0406 669 468**.

Social Badminton - Tuesdays 9.30am to 11.30am If you are looking for a social game of badminton and a cuppa, call Sue on **0477 809 212.**

Line Dancing - Thursdays 11.15am to 12.45pm Low impact exercise class for mind, body and soul. Cost: \$8.00 per session.

All enquiries: Elise: 0423 707 722 or Winnie: 0402 571 203

Taoist Tai Chi ® for Beginners - Fridays 10.30am to 11.30am. For all enquiries phone 1800 108 801 or email perth@taoisttaichi.org

Children's Classes:

Jungle Sports - Mondays 9:45am to 10:25am (18months to 3 years) and 10:30am to 11:20am (3 to 4.5 years). For enquiries call 1300 383 050

Bricks4Kidz - Saturdays from 11am. For enquiries call 0422 119 020 or email applecross@bricks4kidz.au

Tae Kwon Do - Sundays 9.00am to 11.00am.

Contact James: 0450 425 809

Creative Kids Art Club - Thursdays 4.00pm to 6.00pm.

Contact Jane: 0476 149 696

Jo's Artbox - Mondays 4.00pm to 5.00pm. For enquiries call Jo on **0428 818 461**

Swan Bunko Japanese Library - First Monday of the month. 9.45am to 11.45am.

Willagee Japanese Playgroup - Mondays 10.30am to 12.30pm. Except 1st Monday of the month. For enquiries contact ookiniwillagee@yahoo.co.jp

Chinese Mums Playgroup- Tuesdays 10.00 am to 12.00 noon Fortnightly. Contact chinesemomswa@gmail.com

Willagee Community Centre

Spaces for Hire

Willagee Community Centre has spaces available for hire including a Main Hall, Activity Room and Playgroup Room. To view and book these rooms scan this QR code or visit www.spacetoco.com



There is a **Child Health Nurse** based at the Willagee Community Centre. Contact **9337 8187** or **1300 749 869**

Financial Counselling and Emergency Relief Emergency Relief: Mondays 9.00am to 12.00pm

Meet our new Financial Counsellor, Brigitt, who joined us at the end of 2024.

The Financial Counsellor provides assistance for people who are experiencing or at risk of financial hardship by providing information, advice and advocacy, negotiating with creditors, developing budgets/payment arrangements, accessing grants or concessions, understanding their rights and accessing legal help

You can also make appointments with our Financial Counsellor on Tuesdays and Wednesdays by calling **9364 0171.**

See below for other pop-up support provided on Mondays between the Centre and Library.

Monday Pop-Up Services - Willagee Community Centre Eastern Courtyard

Aboriginal Family Legal Services - Fortnightly on Mondays 10.00am - 12.00pm. AFLS provide free legal and social support to Aboriginal and Torres Strait Islander people experiencing or at risk of family and domestic violence. Contact: **1800 469 246** or **office@afls.org.au**

Mobile Foodbank - **Mondays 9.30am - 10.15am** except Public Holidays. For City of Melville residents only, with a referral letter that can be provided by centre staff. Contact: **9258 9277**

Freo Street Doctor - **Mondays from 9.00am - 12.00pm** except public holidays. A free mobile street-based health clinic, where no referral or appointment is needed. Contact: **9432 0480**.

Moorditj Djena 'Strong Feet' - Third Monday of the month from 10.00am. An Aboriginal health service for people with diabetes needing help and advice to keep their feet strong. Contact: 9278 9922.

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Address: Corner of Archibald and Winnacott Streets, Willagee. Phone: 9364 0125 Email: wcc.bookings@melville.wa.gov.au

