

# 50 Boredom Busters!

Choose for yourself, or pick a number between 1-50

1. Make paper planes – visit [Fold 'N Fly](#)
2. Fly a kite
3. Ride a bike
4. Try origami – visit [Origami Fun](#)
5. Bake something
6. Play dress-ups
7. Play jump rope
8. Draw on outdoor paving with chalk
9. Play a board/card game or do a jigsaw puzzle
10. Write a story
11. Write a poem
12. Read a book
13. Play [flashlight tag](#) (outside, night-time) or [murder in the dark](#) (inside, anytime)
14. Do some art
15. Play the story game – take turns saying/writing once sentence each.
16. Make and have a picnic in your backyard or inside
17. Make a blanket fort
18. Make [Oobleck](#) (you will need water and cornflour – be prepared to get messy!)
19. Search DIY [Knitting Nancy](#) and learn how to French knit
20. Plant something
21. Make [friendship bracelets](#)
22. Make some cards to give to friends and family on special occasions
23. Make paper snowflakes
24. Create a treasure hunt with cryptic clues
25. Play hide and seek
26. Create a play
27. Draw a comic book
28. Create a [fortune teller/chatterbox](#)
29. Camp outside or in the house
30. Learn a [clapping game](#)
31. Learn to make [string figures and play Cat's Cradle](#)
32. Wash the car (not on concrete!)
33. [Play marbles](#) or make a marble run
34. Play matchbox cars
35. Tidy your room
36. Wet down some sand and create sand castles
37. Make a parachute for a Lego man
38. Write a letter to a friend or relative and post it
39. Paint a rock
40. Make [playdough](#) or [air-dry clay](#)
41. Make up a dance routine
42. Build an obstacle course
43. Play a ball game – soccer, basketball, [four square/downball](#), [wallball/handball](#), [king of the pack](#)
44. Play with Legos
45. Help make a meal or snack
46. Look at old photo albums
47. Collect leaves and do a rubbing
48. Learn a [magic trick](#)
49. Build a card house
50. Play noughts and crosses or hangman

