

Labour Day Public Holiday Fitness Class Timetable

LeisureFit Booragoon

Monday, 2 March 2026

7.05am	SPRINT
7.05am	Reformer Pilates
7.40am	BODYSTEP Express
8.00am	ForeverFit Aqua
8.30am	BODYPUMP Express
8.30am	Reformer Pilates
9.00am	RPM
9.00am	DH20
9.15am	LES MILLS CORE
9.15am	MetFit
9.30am	Reformer Pilates
10.00am	Mat Pilates
10.30am	Barre
11.00am	BodyBalance
11.30am	Reformer Pilates
12.30pm	BODYPUMP Heavy 45 min
12.30pm	Reformer Pilates
2.00pm	LES MILLS SHAPES

LeisureFit Melville

Monday, 2 March 2026

CLOSED