

## BodyPump Heavy 'Pop-Up Classes'

### LeisureFit Booragoon

Monday	12:30pm	BodyPump Heavy	45 mins
Wednesday	7:05pm	BodyPump Heavy	45 mins
Friday	6:30am	BodyPump Heavy	30 mins
Saturday	6:30am	BodyPump Heavy	45 mins
Sunday	4:30pm	BodyPump Heavy	30 mins

### LeisureFit Melville

Thursday	6:00am	BodyPump Heavy	45 mins
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**Please note:** These are BodyPump Heavy class additions only.

Effective from Sunday, 1 February to Sunday, 29 March 2026.

All regular scheduled classes, will run as per the Fitness Class Timetable.