



City of  
**Melville**



# Age Friendly Melville Plan 2022-2026

An age-friendly environment benefits everyone;  
both current and future generations



## Message from the Mayor

The City of Melville continues to demonstrate its commitment towards being an Age-friendly City, advancing the aspirations and wellbeing of older people and the broader community. The City of Melville has continued to be an active member of the World Health Organization (WHO) Global Network for Age-friendly Cities and Communities since 2010. The implementation of the Age Friendly Melville Plan 2017 – 2021 has seen a number of highlights with many of the community's aspirations and goals implemented.

During 2020 a number of engagement methods were utilised to consult directly with our community and other relevant stakeholders. The feedback shared with us has contributed directly to the development of the Age Friendly Melville Plan 2022 – 2026. Through consultation, our community told us their priorities and we look forward to focusing our attention to the top four priorities: community support and health services; transportation; housing; and communication and information.



# Key Achievements 2017-2021

- **Fit for Life campaign:** we encouraged and supported people aged over 55 to exercise regularly to maintain health and independence. We introduced a subsidised Fit for Life LeisureFit Booragoon membership whereby subsidies increase with age.
- **Active in the Park:** free outdoor fitness classes were created.
- **Melville Age Friendly Accessible Business network:** support and training opportunities were given to local businesses to become more age-friendly and accessible. A key highlight included the weekly Quiet Hour at Hawaiian's Melville.
- **Age Friendly Melville Assistance Fund:** we provided funding to support older people to maintain their independence in their own home.
- **Housing Decisions Toolkit for Older People:** resources were developed to raise awareness of different housing options for older people.



- **Dementia-specific initiatives:** monthly Memory Café provided social opportunities for people living with dementia and their carers; resources and support information about dementia was made available on the City's Living Well with Dementia webpage; and community information sessions were held with Michael Verde, an international dementia-expert.
- **Hand to Heart Social Connection Program:** ongoing partnership with ConnectGroups was established to connect older people with relevant services and activities to help create social connections.
- **Healthy Lifestyle Expo:** the expo was held to promote health and wellbeing to older people, in partnership with surrounding Local Governments and Seniors Recreation Council of WA Inc.
- **Elder abuse awareness:** we represented and advocated for the National Alliance for the Prevention of Elder Abuse.
- **MelvilleTalks:** various community engagement opportunities were made available.



# Our goals for 2022-2026



## **Community Support and Health Services:**

*Advocate for the provision of good quality, appropriate and accessible community support and health services.*

- Continue to strengthen and expand the Melville Age Friendly Accessible Business (MAFAB) network to ensure greater accessibility of City of Melville businesses, and facilitate social participation, respect and inclusion.
- Develop partnerships to facilitate opportunities and access to information regarding bereavement, death and dying.
- Continue to work with and alongside ConnectGroups to support the Hand to Heart Social Connection Program.
- Continue to support older residents, carers and families to live well with dementia in the community through initiatives such as the Memory Café.
- Establish and continue to support existing key partnerships with local providers that promote community health services.



## **Transportation:**

*Advocate for accessible, innovative and integrated transportation options to meet a wide range of community needs.*

- Advocate for the maintenance of pedestrian infrastructure, and to improve the safety, walkability and accessibility of the City.
- Advocate for the improvement of accessible and ACROD parking throughout the City.
- Advocate for innovative community based transport solutions to improve access to facilities, resources and services within the City of Melville.
- Continue to work with and alongside Transperth to provide Mystery Bus Tours.



## **Communication and Information:**

*Advocate for City of Melville communication and information to be accessible and inclusive for older people.*

- Ensure that communication and information is accessible, relevant and distributed in various formats and across various platforms.
- Work with relevant service providers and partners to continue to provide a diverse range of community education sessions and workshops.
- Promote intergenerational opportunities and initiatives.



## **Housing:**

*Advocate for increased choice and diversity in appropriate housing for older people.*

- Support and promote age-friendly housing initiatives and innovative housing models.
- Continue to provide and review the Age Friendly Melville Assistance Fund to support ageing in place.
- Host community workshops presenting housing options for older people.
- Advocate for age-friendly housing modifications and options.





## How this plan was developed

The Age Friendly Melville Plan 2022 – 2026 has been developed in direct consultation with community and relevant stakeholders through surveys and workshops. The City engaged with people aged over 55, family members, carers, service providers and the wider community to determine the top four priority goals that guide the current plan.

## Your feedback

**“Improve community transport services”**

**“Greater directed information to encourage take up of activities”**

**“Increase housing diversity”**

**“Information and awareness of community/health services in all mediums”**

## Did you know?

- The City of Melville has free exercise classes for people aged over 55.
- The Age Friendly Melville Assistance Fund offers funding to support a choice of short-term or one-off support services to older people living independently within the City of Melville.
- The last Community Wellbeing Scorecard highlighted that in the last two years, people aged over 55 agreeing to the statement “The City of Melville is a good place to grow old” has increased by 17% (from 72% in 2017 to 89% in 2019).

## To find out more

Find out more about services, activities and events available to older residents by visiting [www.melvillecity.com.au/seniors](http://www.melvillecity.com.au/seniors) or contacting our Customer Relations Team on **1300 635 845** or **9364 0666**.

### Street address

10 Almondbury Road,  
Booragoon WA 6154

### Postal address

PO Box Locked Bag 1,  
Booragoon WA 6954

Tel: **1300 635 845** or **9364 0666**

### Translating and Interpreting Services (TIS)

Call **131 450** and they will contact the City on your behalf.

### National Relay Service

Tel: **133 677** (TTY), **1300 555 727** (speech relay)

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