City of Melville

Overview of Action List for:

Directions for Seniors 2007 - 2009, Age - Friendly Melville Strategy

Achievements & Progressions

Community Support & Health Services

Communication and Information

Community Support and Health Services

- Senior Forums held bi-monthly in the community now address a range of senior health related topics highlighted at the consultations
- Community information sessions hosted with guest speakers on senior related topics such as Centrelink retirement options; Alzheimer's disease
- Recreation centres engaged in the provision of specific senior activities promoting health opportunities
- Melville Aged Service Network (MASN) being providers of aged care services to the Melville community meet bi-monthly to share information & update regarding services & service provision
- Health related low cost activities held in Senior Citizen's centres such as the Fitness group at Southern Districts Senior Citizen's Club

Communication and Information

- City of Melville Customer Service team & other relevant staff trained to provide accurate/up to date senior services information in various communications & languages
- Updated City of Melville 'Senior Services Directories' available internally & externally listing a wide range of services available in the city
- Senior's information on the City of Melville website and senior related sites monitored & updated as required
- 'Seniors' e-mail distribution list established & maintained
- Community Information Centre, Garden City regularly visited to update information and network with volunteers
- Technology education for seniors explored, established or, highlighted through lesson sessions in community centres. All libraries now have available public access computers available for library members with access to internet and the suite of Microsoft Office applications
- Acknowledged social isolation through Library services. Housebound service (talking books, DVD's/CD's & large print books available) & Book Clubs. Facilitated the commencement of a new computer social/support group 'The Trouble Shooters Club', Willagee Community Centre
- The three City of Melville Senior Citizens Clubs reviewed & information made available

Transport

- Driver safety & transport Information sessions provided with a focus on practical assistance available for senior's & provision of current information
- City of Melville inter service area workshop held to discuss current strategies, progressions, developments & concerns within the City
- Promotion of free service on buses for seniors 9am to 3 pm

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Housing

- Seniors Forums provided promoting awareness & providing information regarding residential care to assist seniors in making informed decisions
- Housing & Community Care Seminar, June 2008
- Neighbourhood workshops comprising of City of Melville cross organisational personnel provided an opportunity to acknowledge seniors concerns regarding housing
- Hosted seminar for seniors by an independent company whose business is to provide specialised real estate services for over 55's. Included City of Melville urban planning staff

Respect & Inclusion, Social Participation

Respect and Inclusion

- Seniors exhibitions & information sessions provided in neighbourhood settings to be inclusive of community
- Local secondary school volunteers engaged in Seniors/Multicultural event 'Music & Dances of the World' 2009 providing intergenerational inclusion opportunity
- Provision of local mall walking groups in a neighbourhood setting (Garden City & Stocklands, Bull Creek) with assistance from community partnership funding to socially enhance opportunities for seniors
- Established Meals to Music –day centre program for Aboriginal elders
- Establishment of the Seniors Assistance Fund to respond to 'gaps' in seniors service provision
- Information from the Age-Friendly Melville strategy will be incorporated into the review process for the Community Plan to maximize opportunities for changes to be included in relevant services areas of the city

Social participation

- Inclusion of senior specific programs at recreation centres
- Promotion of community& senior facilities, clubs, groups, art galleries, libraries, recreation centres, senior citizen centres & activities on website, available leaflet, Senior Services Directory, media releases, advertising & verbal promotion
- Melville Volunteer Resource Centre provides opportunities for community volunteering
- Mall walking groups established in 2 localities
- Multicultural groups (3 focus areas) established for frail age senior citizens through the Home and Community Care (HACC) program
- Facilities review undertaken to identify underutilized facilities with potential for future use

City of Melville

These initiatives relate to outcomes from the Directions for Seniors Age-Friendly Melville Strategy. In addition to these, many other activities, events, information, opportunities, initiatives, support and actions are in operation or being progressed across the city for senior‘s in the community.

For further information please see: http://www.melvillecity.com.au/.

This site can also be accessed at your local City of Melville Library